



Remember Jesus' Sacrifice

During the Last Supper, Jesus served His closest friends bread and wine that symbolized Jesus giving His body and blood for our sins.

Today, we remember Jesus' sacrifice on the cross and examine our lives as we take part in Communion.

The Bible says "For whenever you eat this bread and drink this cup, you proclaim the Lord's death until He comes."

1 Corinthians 11:26 (NIV)

For More Information

About the Last Supper and Jesus' sacrifice, read Matthew 26.

About Communion, read Paul's instructions to the church in 1 Corinthians 11:23-32.

1. Take & Eat

While [the disciples] were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this is my body."

Matthew 26:26 (NIV)

Take and eat the bread that represents the body of Christ. Remember how His body was broken for our sins.

Prayer: "Thank you for the bread. I remember your body that was broken for me."

2. Take & Drink

Then he took a cup, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins. Matthew 26:27-28 (NIV)

Take and drink the cup that represents the blood of Christ. Remember the new covenant, or promise, that we can be free from all sin through Christ's shed blood.

Prayer: "Thank you for the cup. I remember your blood that was shed for my forgiveness and the promise that I will live eternally with you." "Jesus, thank you for your sacrifice. I am free because of you."